

# POISONING & PRE-HOSPITAL MANAGEMENT CHART

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Keep this card handy so that you know what to do in the event of a poisoning.

**DON'T DELAY!** Contact the poison information centre and follow the treatment guidelines below.

How this card works: Match the colour/symbol of the substance swallowed to the same colour/symbol in the treatment.

- |                        |                                |                             |
|------------------------|--------------------------------|-----------------------------|
| ◆ Acetone              | ■ Dyes (fabric or hair)        | ◆ Paint remover (solvent)   |
| ■ Acid                 | ■ Fabric softener              | ▲ Paracetamol               |
| ● Alcohol              | ■ Fertilizers                  | ◆ Paraffin                  |
| ■ Ammonia              | ◆ Firelighters                 | ● Perfumes                  |
| ▲ Aspirin              | ■ Fluoride tablets (give milk) | ◆ Pesticides                |
| ■ Battery acid         | ● Glue (contact and other)     | ◆ Petrol                    |
| ◆ Battery (button)     | ■ Hair colorants               | ▲ Pills                     |
| ◆ Benzene              | ■ Hair perms, straighteners    | ● Plants                    |
| ■ Bleach               | ■ Hydrochloric acid            | ▲ Rat bait (e.g. Rattex)    |
| ● Calamine lotion      | ■ Hydrogen peroxide            | ● Shampoos                  |
| ◆ Camphorate oil       | ▲ Iron tablets                 | ◆ Snail bait                |
| ◆ Carbon tetrachloride | ◆ Insect repellent             | ● Surgical spirit           |
| ■ Caustic soda         | ◆ Insecticides                 | ▲ Tablets                   |
| ■ Cement               | ◆ Liniments (e.g. Wintergreen) | ◆ Thinners                  |
| ■ Chlorine (for pools) | ▲ Medicines                    | ■ Toilet cleaners           |
| ■ Condo's crystals     | ● Mercurochrome                | ◆ Turpentine (mineral)      |
| ● Cosmetics            | ◆ Metal cleaner & polishes     | ◆ Varnish                   |
| ● Deodorants           | ● Methylated spirits           | ● Vitamins                  |
| ■ Detergents           | ▲ Mothballs (naphthalene)      | ▲ Vitamins & Iron           |
| ■ Dish washing liquids | ▲ Mushrooms (poisonous)        | ■ Washing powder            |
| ■ Dish washing power   | ◆ Nail polish remover          | ■ Washing soda              |
| ■ (automatic)          | ■ Oven cleaner                 | ■ Weed killers (herbicides) |
| ◆ Disinfectants        | ◆ Paint (oil)                  | ■ Window (glass) cleaners   |
| ■ Drain cleaners       | ■ Paint remover (caustic)      |                             |

◆ Do not make the person vomit. Do not give them anything to drink or eat. Contact the poison information centre and/or get the patient to the clinic/hospital as soon as possible.

■ Do not make the person vomit. Small amounts of water may be given by mouth. Do not neutralize the poison. Contact the poison information centre and/or get the patient to the clinic/hospital as soon as possible.

● Do not make the person vomit. Small amounts (half a cup) of water or milk may be given by mouth. Contact the poison information centre and/or get the patient to the clinic/hospital as soon as possible.

▲ The induction of vomiting is recommended if within 1 hour of taking the poison and the patient is awake and alert. This can be achieved by giving a glass of lukewarm water followed by stimulation of the throat by gently inserting a finger or blunt handle of a spoon. Contact the poison information centre and/or get the patient to the clinic/hospital as soon as possible.

Snake or spider bite or scorpion sting: If possible, try to identify the cause and contact the poison information centre or get the patient to a clinic/hospital as soon as possible.

\*\*\*\*\* **STORE ALL MEDICINE, HOUSEHOLD CHEMICALS AND PESTICIDES OUT OF THE REACH OF CHILDREN** \*\*\*\*\*

\* If a poisonous substance comes into contact with the eyes, do not try to neutralize it, just rinse eyes gently with water for 15-20 minutes and get the person to the nearest clinic/hospital. If skin contact with a poisonous substance, wash with soap and water.

\* Take the container and a sample of the medication or poison or plant or other biological specimen to the clinic or hospital with the patient.